**Breakfast**

Please note we cannot always accommodate the Breakfast items during our lunch rush.

Thank you for understanding.

- **Frittata of the Week** 5.25
  - an Italian tradition of baked eggs, ricotta, parmesan and mozzarella cheese (includes a side of toast)

- **Ham, Bacon or Sausage Egg Panini** 5.95
  - scrambled eggs, sliced ham, sausage OR chopped bacon, american cheese with a touch of garlic aioli

- **Spanish Egg Panini** 6.35
  - a spicy combination of eggs, chorizo sausage, a mix of tomatoes, onion and cilantro, Mexican cheese and pepperjack cheese.

- **Western Egg Panini** 5.95
  - tomato, green pepper, onion, diced ham, American cheese

- **French Toast Panini** 6.75
  - 2pcs of french toast with eggs, American cheese and bacon, finished off with syrup, cinnamon, and powdered sugar.

- **Hand Chive** 5.50
  - scrambled eggs, chives, cream cheese on a croissant

- **Bagel Egg Sandwich** 3.50
  - 2 fried eggs on a toasted buttered bagel
  - add cheese .50    add ham or bacon 1.50

- **Veggie Scramble Wrap** 5.45
  - 3 eggs scrambled with a pre-mix of zucchini, portobello mushrooms, green & red bell peppers, onion, spinach, tomato provolone cheese, and a touch or roasted red pepper sauce wrapped in a tortilla.

- **Oatmeal** 2.10
  - served with brown sugar and a side of milk
  - **Add toppings for an extra charge** (see extras below)

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**Small Stuff**

- **Bagel (Plain or Whole Wheat) 1.75**
  - choose from cream cheese, jam, or Butter

- **Cinnamon Rolls** 2.75
  - freshly baked with homemade cream cheese frosting

- **Yogurt Parfait** 2.75
  - low-fat vanilla yogurt, fresh fruit, homemade granola

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**Non-Coffee Drinks**

<table>
<thead>
<tr>
<th></th>
<th>12oz</th>
<th>16oz</th>
<th>20oz</th>
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</thead>
<tbody>
<tr>
<td>Steamer</td>
<td>1.75</td>
<td>1.95</td>
<td>2.35</td>
</tr>
<tr>
<td></td>
<td>steamed milk with shot of flavored syrup, whipped cream</td>
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<table>
<thead>
<tr>
<th></th>
<th>1.75</th>
<th>1.95</th>
<th>2.35</th>
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</thead>
<tbody>
<tr>
<td>Hot Chocolate</td>
<td>rich chocolate, steamed milk, whipped cream</td>
<td></td>
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</table>

<table>
<thead>
<tr>
<th>Milk White or Chocolate</th>
<th>(small or large)</th>
<th>sm 1.25</th>
<th>lg 1.85</th>
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</thead>
</table>

**Smoothies**

- **Tropical** 3.95
  - banana, strawberry, pineapple juice, low-fat vanilla yogurt

- **Berry Berry** 3.95
  - blueberry, raspberry, apple juice and low-fat vanilla yogurt

- **Mango** 3.95
  - frozen fresh mangos, apple juice, low-fat vanilla yogurt

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**Extra's**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
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</thead>
<tbody>
<tr>
<td>Soy Milk</td>
<td>.65</td>
</tr>
<tr>
<td>Almonds, Walnuts, Craisen</td>
<td>.65</td>
</tr>
<tr>
<td>Strawberries / blueberries</td>
<td>.75</td>
</tr>
<tr>
<td>Spinach, tomato, or onion</td>
<td>.50</td>
</tr>
<tr>
<td>Asst. Fresh Veggie Mixes</td>
<td>1.25</td>
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</table>
Panini Sandwiches
(please allow a extra time as these are made to order)

Awesome Beef!       6.95
oven roasted beef, sauteed with red onion and secret spices, finished with sambal chili, garlic aioli, tomato, spinach, pepper jack and cheddar cheese

Capponi Special 6.50
genova salami, spicy cappicola, procuitto ham, tomato, spinach, provolone cheese, garlic aioli on white panini bread

California Turkey 6.50
oven roasted turkey, chopped bacon, spinach, tomato, avocado ranch spread, colby jack on 7 grain panini bread

Healthy Herbi  6.50
red bell peppers, portobella mushroom, zucchini, chopped spinach, fresh mozzarella and garlic aoli on white panini

Roma 5.95
fresh mozzarella, roma tomatoes, fresh basil , parmesan reggiano on a delicious white panini

Italian Chick 6.75
chicken breast are oven baked then sauteed with HOT giardinara peppers, homemade marinara sauce, provolone cheese on white panini

Traditional Sandwiches

Tuna Salad  5.25
homemade blend of albacore tuna, onion, and mayo, topped with lettuce, tomato on paielli’s white toast

Chicken Salad  6.25
oven baked chicken breast, diced and mixed with celery, onion, mayo, cheddar cheese, then topped with lettuce on toasted 7 grain whole wheat

Ham & Turkey  5.25
oven baked honey ham, turkey, american cheese, lettuce, tomato, onion, and mustard on paielli’s italian white bread

Fresh Salads

Caesar Salad  5.50
fresh cut romaine, homemade croutons, ceasar dressing, parmesan cheese, cracked pepper, red onion, roma tomatos

Spinach Salad  5.95
fresh spinach, real chopped bacon, boiled eggs, cheddar cheese, red onion, tomato and homemade honey mustard dressing

Sprin Mix Salad  5.95
spring mix, almonds, raisens, red onion, feta cheese, homemade white balsamic dressing

Asian Salmon Salad  9.95
sesame seared wild caught salmon on a bed of springmix, with chowmein noodles, mandarin oranges, green onion and a homemade sesame ginger dressing.

“Homemade” SOUP of the Day
Cup 2.50 / Bowl 2.95 / Quart 6.75

Little People “KIDS”
Any of the following sandwiches on white bread with a fruit cup or chips
$ 3.75  PBJ • PB & Honey • Tuna • Grilled Cheese • Ham • Turkey